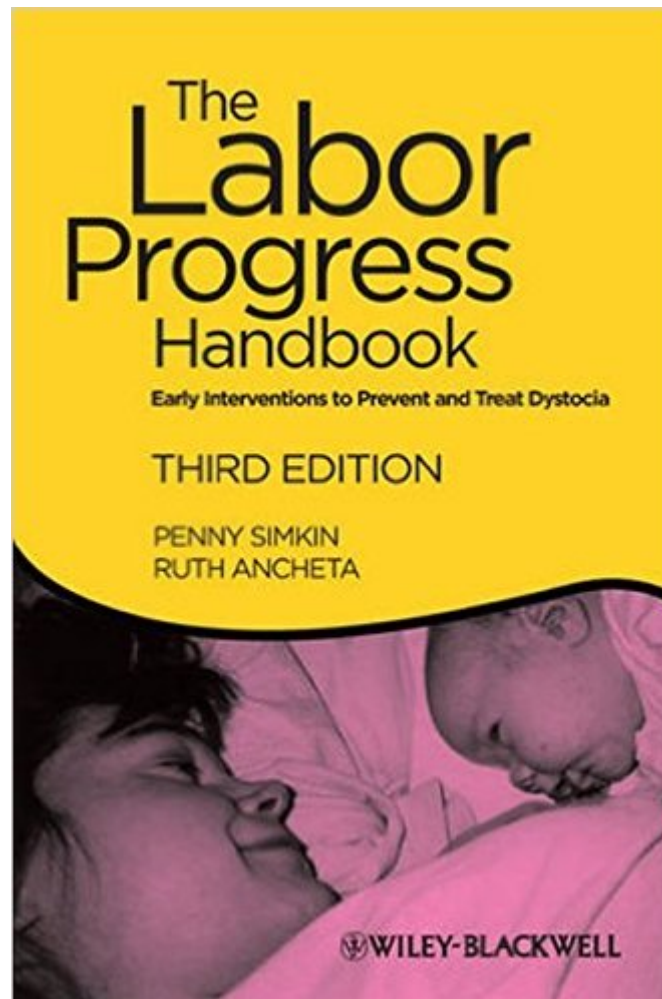


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# The Labor Progress Handbook: Early Interventions To Prevent And Treat Dystocia



## Synopsis

The third edition of The Labor Progress Handbook builds on the success of first two editions and remains an unparalleled resource on simple, non-invasive interventions to prevent or treat difficult labor. Features new to this edition include two new chapters on third and fourth stage labor management and low-technology interventions, a complete analysis of directed versus spontaneous pushing, and additional information on massage techniques.

## Book Information

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Average Customer Review: 4.9 out of 5 stars See all reviews (40 customer reviews)

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## Customer Reviews

As an obstetrics provider, this is an excellent manual for helping deliveries progress naturally and decreasing your cesarean section rate. The book makes great suggestions for encouraging labor progress with position changes, etc before proceeding to medical interventions that also carry greater risk. Evidence-based with excellent references after each chapter. Perfect for anyone involved in the care of women during labor & delivery, including OB/GYN's, Midwives, MD's, RN's, and Doulas.

I am a birth doula and I just finished reading through this book. I cannot believe how much information is in this book! It is well organized and provides evidence based ways to promote a "normal" labor. Though it was written for care providers, I can see the information in this book greatly helping me in future births. Not only do I have a greater understanding of what the nurses, midwives, and doctors are can do, but I can implement a lot of the interventions as well- such as

knowing which positions help turn a baby who is OP. And when an intervention is beyond my scope, I can still explain to the family (if needed) how the intervention is designed to help. The only reason I decided on a 4-star rating is for the Kindle version of this book. There were a few minor typos and grammatical errors. None of them made the material unreadable, but it was annoying.

This book is geared towards the birth professional, but is written in language that's non-technical enough for a birth junkie mom to understand. My first was born by c-section due to a malposition, and I love that Simkin directly addresses the issues that caused our troubles and offers solutions. That she does so with copious medical citations makes this even better. I would not recommend this for the woman not very interested in birth (Ina May Gaskin's *Guide to Natural Childbirth* is better for that) but if birth fascinates you this book is ideal.

This is must-have in my doula bag! It is a wealth of information. It very clearly offers techniques to help assist in labor progression and also thoroughly explains the how, why, and when these techniques are useful. As a doula, it also clarifies for me why care providers might make certain decisions during a labor. I am very interested in science and enjoy reading medical journals and such. This is not nearly as dry as such articles and has many illustrations throughout, but it is more scientifically based than a lot of similar books. They provide a ton of evidence-based information. Although it is a bit pricey, I found it to be totally worth it.

I'm still reading this in Kindle form on my iPhone and I love the content. I feel like every time I pick up reading, I'm learning so many new thing that I can easily incorporate. Love it!

As a new L&D nurse, I found this book to be very helpful. It is a good supplement for the things I am learning on the floor. I have already learned so much for this. I am also a doula and thought it to be helpful for doulas .

This handbook is a must-have for professional labor and birth support persons. An easy read, especially if you already have knowledge of the physiology of birth, and it's easy to find the particular topic you need when you need it. I turn to it again and again in my practice. And of course author Penny Simkin is a leading authority in the area. Highly recommend.

I am a birth doula and an apprentice midwife. This book is packed full of information for anyone that

wants to help a mother through labor, whether it is her partner, another family member or friend, or a doula. Penny Simkin gives such wonderful tips, tricks, and useful information in a very clear and understandable way.

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